

OVERCOMING IMPOSTER SYNDROME

TUESDAY

FEB 25TH, 2020

12PM - 2PM

GROSS HALL
CONFERENCE CENTER



TERRANCE MAYES

Associate Vice Chancellor for Diversity and Inclusion
College of Health Sciences

What am I doing here?

Have you ever asked yourself - Do I belong in Grad School? Am I good enough to make it in research? Will my incompetence be discovered?

These thoughts are very common in the competitive academic world and can be distressing at any stage of the academic journey. Rather than stay in the dark, you can talk it through with an expert!

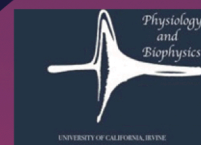
During this workshop, we will explore the impostor syndrome phenomenon and develop strategies to combat it through the cultivation of increased confidence and resilience.

LUNCH PROVIDED FOR RSVP ATTENDEES
RSVP BY FRI, FEB 21: bit.ly/overcomingRSVP

ORGANIZERS

Faculty coordinator: Medha M. Pathak
Dept. of Physiology and Biophysics
COHS Office of Diversity & Inclusion
SOM Office of Graduate Studies
GPS-STEM

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